

Certified Fitness Professional Code of Ethics

As a **canfitpro** certified fitness professional, I am committed to uphold and abide by the following:

- 1. Provide appropriate assistance to any person with an interest in pursuing a fitness program and healthy lifestyle.
- 2. Communicate in a genuine, honest, and professional manner.
- 3. In providing fitness professional services, I will not discriminate against any client on such grounds as age, gender, weight, disability, marital status, national or ethnic origin, political affiliation, race, religion, sexual orientation, or socioeconomic status.
- 4. Be open to giving and receiving constructive feedback from participants, clients, peers, and other allied health professionals.
- 5. Collaborate with other fitness and health professionals in the best interests of participants/clients and the community.
- 6. Protect and respect the confidentiality of all professional fitness relationships at all times.
- 7. Maintain annual CPR training.
- 8. Engage in lifelong learning to maintain and improve my professional knowledge, skills, and attitudes.
- 9. Respect business, employment, and copyright laws.
- 10. Meet or exceed my Standards of Practice and refer individuals to the appropriate health care professionals when necessary.
- 11. Recognize that the self-regulation of the fitness profession is a privilege and that each fitness professional has a responsibility to uphold this privilege and to support the industry.